

Emergency supply checklist



Household Solar

For houses and apartments. Tick items off as you pack them.

Pack supplies in airtight bags inside one or two easy-to-carry containers, like a plastic bin or duffel bag. Keep the kit in one place and make sure everyone in your home knows where it is.

Water and food

- ☐ Water: 1 gallon per person, per day
For drinking and sanitation, for several days.
Plan for at least 3.
- ☐ Non-perishable food for several days
Foods that need no refrigeration, cooking or water.
- ☐ Manual can opener
- ☐ Paper plates, cups, utensils and paper towels
- ☐ Pet food and extra water for pets

Power and light

- ☐ Flashlight for each person
- ☐ Extra batteries
- ☐ Battery-powered or hand-crank radio
Ideally a NOAA Weather Radio with tone alert.
- ☐ Phone chargers and a backup battery
- ☐ Optional: portable power station
For a fridge, Wi-Fi or medical device. Size it at householdsolar.com.

Sanitation

- ☐ Moist towelettes, garbage bags and plastic ties
For personal sanitation.
- ☐ Soap, hand sanitizer and disinfecting wipes
- ☐ Feminine supplies and personal hygiene items
- ☐ Baby supplies if needed
Formula, bottles, diapers, wipes, rash cream.

Health and safety

- ☐ First aid kit
- ☐ Extra supply of prescription medications
Keep a list of names and doses, too.
- ☐ Pain relievers, antacids and anti-diarrhea medicine
- ☐ Glasses and contact lens solution
- ☐ Dust masks
To help filter contaminated air.
- ☐ Whistle
To signal for help.
- ☐ Fire extinguisher
- ☐ Smoke and carbon monoxide alarms with fresh batteries

Tools and documents

- ☐ Wrench or pliers
To turn off utilities.
- ☐ Plastic sheeting, scissors and duct tape
To shelter in place.
- ☐ Local paper maps
- ☐ Matches in a waterproof container
- ☐ Cash in small bills
- ☐ Copies of important documents
IDs, insurance policies and bank records, in a waterproof container or saved electronically.
- ☐ Paper and pencil

● Comfort

- ☐ Sleeping bag or warm blanket for each person
- ☐ A change of clothes and sturdy shoes for each person
- ☐ Books, games and puzzles for kids

● Living in an apartment?

- **Elevators stop when the power goes out.** Know two stairway routes out of your building, and plan now for anyone who can't manage stairs.
- **Upper floors can lose water pressure** when building pumps lose power. Fill water containers before a storm.
- **Never run a generator, grill or camp stove indoors, in a hallway or on a balcony.** Carbon monoxide can build up fast and drift inside.
- **Short on space?** One under-bed bin holds a basic kit. Stack water in the back of a closet.
- **Tell your building manager** if someone in your home relies on powered medical equipment.
- **Review your renters insurance** so you know what is and isn't covered.

● Living in a house?

- **Know how to shut off water, gas and electricity,** and keep the tool next to each shutoff. If you turn off the gas, only a professional should turn it back on.
- **Test your sump pump and its backup** before storm season.
- **Keep a smaller kit in each car:** water, snacks, a blanket, a flashlight and a phone charger.
- **Plan for your garage door:** learn how to open it by hand before you need to.
- **Generators stay outside,** at least 20 feet from windows, doors and vents.

● Keep it ready

- ☐ Store canned food in a cool, dry place
- ☐ Replace expired items
- ☐ Keep boxed food in tightly closed plastic or metal containers
- ☐ Rethink your kit every year as your family's needs change

Tip: check your kit twice a year, on the days the clocks change.

● Our household's water math

_____ × _____ = _____
People Days (at least 3) Gallons to store Pets: extra gallons

Based on the Ready.gov (FEMA) emergency supply checklist, with apartment and house tips from Household Solar. Carbon monoxide distance guidance from the CDC.